

Thank you Edna *

by Angie

William's sensitive nose caught the expected scent as soon as he entered the kitchen.

"Ripe now," he muttered and opened the Arthur-proof padlock on the cupboard. The contents of several paper bags were almost black. Mr Long had given him enough for a LOT.

William got to work with a huge bowl and every muffin tin he had. Soon the smell of delicious banana muffins filled the kitchen, and then the tunnels.

Hands on ample hips, William gave thanks, again, to the woman whose recipe was a staple in thrifty kitchens.

The tunnel residents were equally appreciative soon afterwards.

END

** Edna Staebler's recipe 'Very Ripe Banana Muffins' was published in newspapers across North America in the 1970s. She made it clear the bananas had to be 'mushy', their skins black and soft, for best results. She was right.*



Edna Staebler (1906-2006) was born in Kitchener, Ontario (then called Berlin). Her most famous cookbook, 'Food That Really Schmecks' is a collection of Mennonite recipes and anecdotes from the Waterloo region. It is now available as an ebook.