

The Friendly Spiral Bath/Shower Scrubber



Size: 20 stitches by 21 rows ; 5 inches/13 cm in diameter, flattened , 5 inches/13 cm long (pulled out)

Materials: H / 5mm or I / 6mm crochet hook ; less than 1/2 oz/14 grams of two worsted weight cotton yarns (two strands are worked together) ; yarn needle

Terms: Ch – chain ; sc – single crochet ; sl st – slip stitch ; st(s)- stitch(es), tog - together

Notes:

These can be made in less than an hour.

Crochet in the back loop throughout to create the ridge.

Always increase/decrease on same side.

Make the first/last stitches a little looser so they can be easily found on the next row. Be sure to work to the end stitch (*hint – it will be just before the horizontal bar of the turning chain stitch*).

Instructions:

Foundation: Leaving a 6"/15cm tail, Ch 21

Row 1: In back loops only, 2 sc in second ch from hook, one sc in each ch across to last 2 chs; work last 2 chs tog, ch 1 turn (20 sts)

Row 2: In back loops only, sc first 2 sts tog, sc in each st across to last st, 2 sc in last st . Ch 1 turn

Row 3: 2 sc in first st, sc each st across to last 2 sts, sc last 2 sts tog, ch 1 turn

Repeat rows 3 & 4 for a total of 21 rows.

Fasten off leaving a long tail – at least 8"/20 cm, more if you want a longer loop.

Be sure to end on the opposite side to foundation tail.

Cut yarn leaving about 6"/15 cm tail. With a yarn needle, weave both strands of the tail through the end stitches on the long side of the row ends, on the same side as the tail, pull tightly to gather, and secure with a knot on beginning stitch. Repeat with tail on opposite row end edge.

Closing side: You now have a hollow form with one open side. With one strand of yarn, about 6"/15 cm long, weave the opening closed and knot it securely at the end.

Finger hold, or hanging loop: Attach two strands of yarn to one side of the gathered opening, then chain until you have a loop you can fit two or three fingers into. Bind off leaving a tail so that you can attach it to the other side of the gather. Repeat on other side. **Hint:** If made on the long side, the loop can be pulled through to the other side to keep the scrubber uniform when using.

Weave in ends by knotting or securing them well, trim to an inch/2.5 cm or so, then pull them into the centre of the scrubber with a smaller crochet hook.

To use the scrubber squish the two ends so that they meet in the middle. When finished using it, stretch it, wring it out and hang from a loop to dry. Wash and dry as you would a facecloth.